



**MyH2Go.com**  
"Healthy Hydrogen Water"

# HYDROGEN-RICH WATER

WITH A HYDROGEN CONTENT OF 1500PPB OR MORE

Molecular hydrogen (H<sub>2</sub>) is a small and highly diffusible molecule that can rapidly penetrate cells and tissues reaching organelles inside the cells where it can exert its effects.



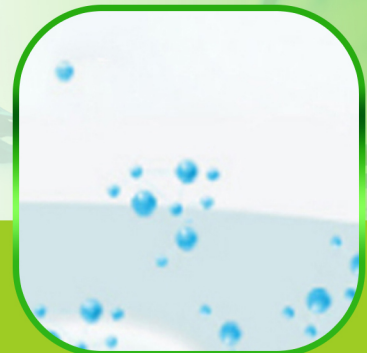
## CHARACTERISTICS OF HYDROGEN-RICH WATER



**Rich in active hydrogen**  
Maintain the internal balance of the body.



**Negative potential water**  
Has a good reduction ability.



**Small molecule water**  
Strong penetration, easy to absorb.



Studies revealed that molecular hydrogen has antioxidant properties, helping to neutralize harmful free radicals and reduce oxidative stress, which is linked to various chronic diseases and aging.

## HYDROGEN-RICH WATER THE WATER OF YOUTH



### HYDROGEN WATER

Hydrogen-rich water, also known as "element water" in Japan, is named for its hydrogen-rich ions. It is a kind of drinking water that contains strong reducing hydrogen. Different from ordinary water, it removes excess reactive oxygen species in the body through its antioxidant and reducing power.



### ACTIVE HYDROGEN

Active hydrogen is a hydrogen atom. A hydrogen atom with excess electrons can easily penetrate every part of the body's cells. Active hydrogen is the most natural antioxidant with strong reducing power. It can release extra electrons, neutralize the activity of free radicals and then excrete in the form of water without side effects or burdens on the human body.



### FREE RADICALS

Free radicals, known as 'cell destroyers', are aggressive oxygen molecules. Because they are extremely unstable, they are always waiting for opportunities to steal an electron from other oxygen molecules, causing other oxygen molecules to be destroyed. When the number of destroyed oxygen molecules reaches a certain amount, wrinkles, illnesses and other undesirable consequences begin to appear.



**PRESSURE BEARING  
DESIGN**



**TITANIUM PLATED PLATINUM  
+ MEMBRANE ELECTRODE MATERIAL**



**OLED  
DISPLAY**

Research indicates potential therapeutic effects of molecular hydrogen in a range of medical conditions, including inflammation, neurodegenerative diseases, and metabolic syndrome, by modulating signaling pathways and gene expression.

Molecular hydrogen plays a crucial role in our bodies by acting as a selective antioxidant, targeting and neutralizing specific free radicals. This helps in reducing oxidative stress and inflammation, promoting better health and potentially slowing down the aging process. The importance of hydration and the subtle yet powerful impact of molecular hydrogen improves our well-being.



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